

Autumn 2013 Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

New Website launch!

Our branch has not only got a new website but we now have our own Facebook and Twitter feeds! We would really appreciate some feedback on the website so if you have time please take a look at: www.mnd-notts.org.uk



We would love to fill the site with local events so send us any photos or information to: info@mnd-notts.org.uk

If you are on Facebook search for mndnotts and 'like' us to get all the latest news.

Many thanks to Jonathan Pykett for his time and expertise in setting up the website.

Eric Gibson golf day

For the third year in a row John Dixon and his very able group of supporters and friends organised another excellent golf day at Beeston Fields to commemorate their friend and colleague Eric Gibson.



In the previous two years this great fundraising event has raised the tremendous total amount of nearly £20,000 and together with all the other generous and kind fundraising events carried out on our behalf by Nottinghamshire groups, clubs, churches and organisations has allowed the Notts Branch to provide a wide variety of financial support to local people with MND as well as make extremely generous donations to our National Office's annual appeals. As in previous years we were invited to attend the excellent evening meal after the event and this year I was the lucky one. I was able to make a speech on behalf of our branch as well as continue to raise awareness about MND and show how their generosity and financial support made a real difference to local people with MND. So once again thanks to John and "his team", the Gibson family and all of the supporting members of the Beeston Fields Golf Club. – Mike Cole

Study day



An MND study day for Health Professionals will take place on Thursday 7th November 2013 at the Riverside Centre, Pride Park, Derby. The event will be jointly organised by the MND and Tree Tops Hospice. The cost of the event will be £75.00 including lunch. If you know any health professional who might be interested please ask them to email Benny Whittle bwhittle@treetopshospice.org.uk for a booking form.

Come along to 'Second Thursday'

We continue to welcome new people at our monthly get togethers. Some are people living with MND, others are either carers or volunteers.

Sometimes we have speakers with topics relevant to MND and recently we focused on the carers and debated the question "Who cares for the carers?" This stimulated a far reaching discussion which illustrated just how much pressure some carers are under.

In November we are delighted to welcome Professor Wills from the MND Care Centre at the QMC as our speaker.

We meet at the Mapperley Plains Recreational and Social Club at 2.15 every "Second Thursday" in the month. For further information ring Godfrey Kent (contact details on reverse).

You can be assured that a warm welcome will await you.

Film fun

November - winters beginning, short days, dark evenings how about some fun to look forward to and at the same time help to increase awareness of MND?

Bring friends and family along to the Broadway cinema on Sunday 3rd November, 2pm, and get warmed up with a feel good movie. The film shown will be one of the following: *Grease*, *Phantom of the Opera*, or *Goldfinger*. The film chosen will be announced in October so watch the website for more details.

Tickets are £5 each, including a glass of wine after the performance.

To book tickets and for information, please contact Jenny Elston (contact details on reverse).



If you do not wish to receive any further correspondence from the local branch of the MND, please let a member of the committee know. We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Motor Neurone Disease Association - Registered Charity No: 294354

University open day

The Sheffield Institute for Translational Neuroscience which is based at the University of Sheffield will be having a SITraN open afternoon on Tuesday 17th September 2013 from 12:30 pm to 16:30 pm which will be open to the public.

This will be an opportunity to come and meet the staff, scientists and students who work in the Sheffield Institute for Translational Neuroscience and learn about neurodegenerative diseases including Spinal Muscular Atrophy (SMA), Motor Neurone Disease (MND or ALS), Parkinson's disease and Alzheimer's disease. You will get to see how they study and try and find ways to treat and cure these diseases.



The
University
Of
Sheffield.

The open afternoon will consist of a series of laboratory workstations, tours of our facilities and a small number of talks.

If you would like to attend this event please get in touch.

Email: neuroscience@sheffield.ac.uk

Phone: 0114 222230

Treasurer's Report

Yet again, the last three months have been a fantastic period for fund-raising and donations, with over £12,000 coming to the Branch from a variety of kind and enthusiastic fundraisers!

The biggest single event was this year's Eric Gibson Golf Day, which has so far raised £6,330, with more to come. A further £700 also came in from Maurice Tomlinson's fundraising (making £1,250 in total) and as you will have read elsewhere, £1,121 was collected by committee members and helpers at the recent Boycott and Aggers evening at the Nottingham Royal Concert Hall. Other generous donations included £1,183 from Southwell Golf Club, £500 from Coca Cola, £500 from Mansfield Inner wheel, £350 from Beeston Inner Wheel and £520 from Chris Combellack's 'big birthday' celebration! In addition, a total of £2,550 was received in memoriam.

So, yet another amazing period for fund raising. As usual, can I say a huge "thank you" to everyone concerned with all these fundraising activities – your efforts are really appreciated and will make a huge difference to our ability to help local people with MND as well as enabling us to make a contribution towards research into this terrible disease.

I am pleased to say that we have been able to make a number of grants, totalling £2,100, to local people living with MND over the last three months. These include £1,000 for house modifications, £619 for a bio-bidet and a £300 grant towards household bills.

The 49 Club was won by Jude Apiafi in May, C Knight in June and Coral Mutter in July. Congratulations to you all.

Roger Spells (Treasurer)

An evening with Boycott and Aggers

Ahead of the First Ashes Test Match at Trent Bridge last month, a few members of our committee were invited along to an Evening with Geoff Boycott and Jonathan Agnew at The Royal Concert Hall. Former England International cricketer Chris Broad (who sadly lost his wife Miche to MND), and his daughter Gemma, who is the England Cricket Teams performance analyst, kindly arranged for an MND collection to take place on the night, so our Treasurer Roger Spells, Secretary Nina Squires, Committee Member Simon Fotheringham and other volunteers went along and raised in excess of £1000.



As a little bonus, they got the chance to sit in on the evening as well. All had a really good time, and they can be seen here all raring to go with buckets in hand!!!

Christmas cards

Once again Jenny will have MNDA Christmas cards for sale this year. They will be available at the 'Second Thursday' meetings.



Jenny also has extra catalogues, which you can show to family and friends to encourage them to place an order too. Our branch receives 15% off all orders and an extra 5% if we sell a total of £1500! For more information contact Jenny Elston (contact details on reverse).

Dates for your diary – See website calendar for more details

Date	Event	Location
5 th Sept	Garden Centre Meeting	Derby Garden Centre, Little Eaton at 2-3:30pm
7 th Sept	MNDA AGM & Conference	Radisson Blu Hotel, Stansted at 9:00am
12 th Sept	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
18 th Sept	Support Meeting	The Well, Hospital Road, Retford, at 2-4 pm
10 th Oct	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
15 th Oct	Support Meeting	The Well, Hospital Road, Retford, at 2-4 pm
3 rd Nov	Film Fun	Broadway Cinema, Nottingham at 2:00pm
14 th Nov	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
5 th Dec	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
12 th Dec	Quiz Night	The Embankment, Trent Bridge at 7:30pm

Branch Contacts

Branch Chair	Mike Cole	Tel: 07775 613 114	e-mail: mike@mnd-notts.org.uk
Branch Vice Chair	Mike Foord-Divers	Tel: 0771 289 2611	e-mail: mfd@mnd-notts.org.uk
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Second Thursday Coordinator	Godfrey Kent	Tel: 0115 937 3318	e-mail: godfrey@mnd-notts.org.uk
Branch Website			www.mnd-notts.org.uk

MND Association Contacts

National Office	Tel: 01604 250505	e-mail: enquiries@mndassociation.org
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MND Association National Website		www.mndassociation.org