

Spring 2013

Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

### **Notts branch AGM**



This year our AGM will be on Thursday 25<sup>th</sup> April at 7.30pm. Once again it will be held at the Beeches hotel, Wilford Lane, West Bridgford. We have the pleasure of welcoming our guest speaker Mark Todd, Chairman of the MND board of Trustees and ex MP for South Derbyshire. Everyone is welcome to come along to what is always an

informative evening followed by a buffet and a chance to meet others.

### **Alison's European Tour**

Alison Pickard got in touch to tell us of her plans for a fund raising adventure: "I was diagnosed in August 2012 and have been to a couple of meetings at The Well in Retford. I don't know what we would have done last year without the MND and Bassetlaw Hospice.

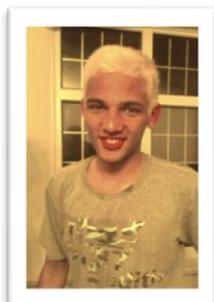
I am fairly well at present, still working as a Nurse Practitioner, still getting out and about independently. We always wanted to do a tour of Europe when we both retired. My diagnosis has expedited these plans. We will be setting off in the spring for 3 months, travelling through 8 countries and 30 cities. The mobility scooter that extends my walking distances, will be part of our luggage. The Nottingham branch very kindly funded £400 towards this which was wonderful, so much appreciated. It seemed logical to promote this as a fundraising event for MND and the Hospice."

Here is the link to Alison's Virgin money giving page, visit her blog to see the full itinerary.

[www.virginmoneygiving.com/alisonpickard](http://www.virginmoneygiving.com/alisonpickard)

### **Hair raising experience!**

When Lloyd Iron's football coach was diagnosed with MND, Lloyd wanted to help raise money and awareness of MND. So he recently dyed his hair at a 'hair colouring charity event' and raised over £200 for the Notts branch. Well done Lloyd!



### **Treasurer's Report**

The last three months have again been a fantastic period for fundraising, with over **£7,000** coming to the Branch!

Firstly, money from two hugely successful events in 2012 continued to come in - Robin Combella and Ashley Smith's Kilimanjaro climb in September and the Eric Gibson Golf Day held back in June. The Kilimanjaro total has now reached over **£15,000** whilst the Eric Gibson total is now over **£10,000**. Both are incredible achievements.

Secondly, Andrew Thompson used the Movember moustache growing initiative last November to raise money for MND and has so far raised over **£1,900**. In addition, Lloyd Irons raised over **£200** by dyeing his hair!

So, another amazing period for fund raising. Can I say a huge "thank you" to everyone concerned with all these fundraising activities - your efforts are really appreciated and will make a huge difference to our ability to help local people with MND as well as enabling us to make a contribution towards research into this terrible disease.

Having had such a successful year for fun raising, I am very pleased to announce that we were able to transfer **£25,000** to National Office in response to an appeal from the Chief Executive for funds. This money will be used to help fund research and other essential care provision.

The **49 Club** was won by Coral Mutter in November, Alan Whiteley in December and Jenny Elston in January. Congratulations to you all! We still have a few spare numbers available, so please contact the Treasurer if you would like to join.

Roger Spells (Treasurer)

### **Welcome Maggie**

A warm welcome goes to Maggie Betts our newest committee member. She has already attended a Campaigning workshop and helped us last year with the successful Nottingham Trent Fresher's Fair. Maggie looks forward to meeting more members of the branch at the AGM in April.

**Nott's care centre visit:** On the 17<sup>th</sup> April Sally Light the Chief Exec & Karen Pearce Head of care at MND will be visiting the Nottingham MND care centre.

## A note from Harry Thompson:



Our elder son Andrew is currently raising funds for the MND Association through Just Giving - see the link below. To date he has received sponsorship of £1,150 plus Gift Aid and his employer, Boots will add £500. Needless to say we're proud of what he has achieved. We were equally proud when our younger son Matthew stood for 7 hours at

London Victoria recently in a bright orange wig and helped to collect £1,100 for the SE London branch of the MNDA.'

<http://www.justgiving.com/Andrew-Thompson26>

## Join us for a cup of tea in Retford

The Nottingham MND Association are holding a 'get together' for family and friends in the north of the county.



**Dates:** 13<sup>th</sup> March, 10<sup>th</sup> April, 15<sup>th</sup> May between 2-4pm.

**Venue:** The Well, Retford Baptist Church, Hospital Road, Retford, Nottinghamshire DN22 7BD.

Tea and biscuits will be served. We are looking to create an atmosphere which is informal, friendly and informative, where people can relax together, sharing information, advice and experiences for mutual benefit. We are looking forward to meeting old and new friends. For more information contact: Jane Connell RCDA East Midlands.

## "Second Thursday" support continues to grow

December's get together had the largest attendance of the year. Those who came along for the first time were warmly welcomed and after the usual refreshments, Godfrey hosted a team quiz with festive prizes, all of which were well received

Amazingly, the numbers for our January meeting were even larger, with over 30 people attending including 11 people living with MND. We spent some time having an informative question and answer session with MND care centre coordinator Carol Gent after which people mixed and mingled with one another as is customary near the close of the meeting.

We had the pleasure of welcoming Juliet Colt as the speaker at our February meeting. Juliet is the respiratory nurse specialist linked to the MND care centre at QMC.

In April, our speaker will be Katherine Matthews who is a specialist dietician and later in the year we are delighted to welcome Professor Adrian Wills to our Second Thursday get togethers.

## Mapperley golf club chooses to support MNDA

Susan Bunting, the Ladies Captain at Mapperley Golf Club, has chosen the MNDA as her nominated Lady Captain's Charity for 2013. There will be a number of golf-related activities staged during the coming months and she has set a fund-raising target of £2,000 for the year. A web page has been set up where people can make donations online. Susan has also set up a Lady Captain's Blog to publicise how the fund-raising is progressing and to generally raise awareness of MND and the MNDA. (see the links below)



To start off the fund-raising, Susan's husband pledged to give up alcohol for the entire month of January if people would sponsor him to do so. This raised over £450 which was a great start to the year.

On April 16<sup>th</sup> there will be a Charity Ladies Open Texas Scramble Competition at Mapperley Golf Club. The entry fee is £6 per person with a handicap limit 35. Players can enter individually and there will be a draw for teams on the day. There will be a major raffle on the day (any donations of prizes will be welcome). Application forms for the competition can be downloaded from the Golf Empire website.

On July 28<sup>th</sup> there will be an open team event in conjunction with the Men's Captain's charity. As well as the golf it is anticipated that the day will include a raffle, betting board and a charity auction in the evening. Further details about this event will be available nearer the time.

## Fund raising page:

<http://uk.virginmoneygiving.com/MGCLadyCaptain2013>

**Lady Captain's Blog:** <http://mgcladycaptain2013.blogspot.co.uk/>

**Golf Empire:** [www.golfempire.co.uk/Entry-Forms/Mapperley-Ladies-Team-Open2.htm](http://www.golfempire.co.uk/Entry-Forms/Mapperley-Ladies-Team-Open2.htm)

### Dates for your diary

13 <sup>th</sup> March 2013	Support Meeting	The Well, Hospital Road, Retford DN22 7BD 2 - 4 pm
14 <sup>th</sup> March 2013	'Second Thursday'	The Mapperley Plains Social Club At 2:15pm
10 <sup>th</sup> April 2013	Support Meeting	The Well, Hospital Road, Retford DN22 7BD 2 - 4 pm
11 <sup>th</sup> April 2013	'Second Thursday'	The Mapperley Plains Social Club At 2:15pm
25 <sup>th</sup> April 2013	AGM	The Beeches Hotel 7:30PM
9 <sup>th</sup> May 2013	'Second Thursday'	The Mapperley Plains Social Club At 2:15pm
15 <sup>th</sup> May 2013	Support Meeting	The Well, Hospital Road, Retford DN22 7BD 2 - 4 pm

### Branch Contacts

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