

Autumn 2015

Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

Treasurer's Report

An absolutely incredible £16,800 has been being donated to the Branch since the last Bulletin. This included nearly £10,000 from another amazingly successful Eric Gibson Golf Day, with more still to come. We also had fantastic donations of £2,500 from Beeston Rotary Club and £2,515 from The Gate Inn in Loscoe, as well as £750 from Triangle and £700 from the Olde Peculiars Golf Society. In addition, we received £3,350 through in memorium donations.

So as always, can I say a huge "thank you" to everyone concerned with all these fundraising activities. Your efforts are really appreciated and will make a big difference to our ability to help local people with MND, as well as enabling us to make a significant contribution towards research into this terrible disease.

Since the last Bulletin, I am pleased to say that we have been able to make grants of **£3,650** to local people living with MND. As usual, I would like to emphasise that if anybody living with MND has a requirement for any sort of financial support from the Branch, then could they please contact me or our MND Regional Care Development Advisor, Kim Iliffe (kim.iliffe@mndassociation.org). We are always open to any reasonable request for support.

The **49 Club** was won by Anne Spells in May, Max Dowling in June and Coral Mutter in July. Congratulations to you all.

Roger Spells (Treasurer)

Singing for money.

Our Vice Chairman, Simon Fotheringham went to The Gate Inn at Loscoe recently and collected this amazing cheque from a fundraising day they had organized for MND. It was karaoke night and they wouldn't give Simon the money until he had sung a song for them!



Thank you to all those involved.

Eric Gibson Golf Day

The fifth year of the Eric Gibson memorial golf day was held at Beeston Fields Golf Club held on 24th June. It was another successful fundraising event with £13,000 being raised on and around the day which has taken the total fund raising for MND to over £60,000 since the golf day started in 2011.



The day was greatly helped by beautiful weather and with around 100 players enjoying the sunshine. The winning team was Beeston Buddies - Mel Dean, Terry Gilbert, John Mirfin and Dennis Lane who were all playing partners of Eric's at Beeston fields Golf Club where Eric was a past captain and was very much involved with the junior section of the club.



The day was greatly supported by teams entered from the mortgage and property industry and people who knew Eric from Beeston Fields Golf Club. The fund raising came from team entry, sponsorship, a virgin money giving web page, a raffle and an auction that took place after the evening meal.



The organising team of Bob Hand, John Dixon and Mark Philpott are looking forward to running the sixth annual golf day in June 2016 - actual date to be confirmed.

West Bridgford School

Our Chairman, Mike Cole recently gave a presentation at the West Bridgford School about MND on behalf of the Broad Appeal.

They had kindly raised £1,534.02 for the appeal.



The Ice Bucket Challenge Continues...

Barratt Homes took part in the Ice bucket challenge and raised over £1,200. Our thanks go to Sue Court who organized the event and all those who braved the icy water.



'Second Thursday'

Despite the holiday season, the "Second Thursday" numbers have held up well with an average of 30. We have been delighted to welcome a number of newcomers to our group, most of which have voted with their feet and have made returning visits.

Please note that our Christmas party and quiz afternoon will be at 2:15pm on the FIRST THURSDAY for the month (Dec 3rd) for December only.

We look forward to seeing you all again soon

North Notts support group

After two very good meetings at Idle Valley we decided to move back to Retford Library so that we can have speakers, there was too much background noise in the cafe. We hope to hold them on the third Wednesday of each month.

The September meeting will be on the 16th between 2 - 4pm. It will be attended by Jane Douthwaite a Physiotherapist from the Community neurological rehabilitation team and Paula Boniface from the Bassetlaw Action Centre. Everyone is very welcome.

Christmas cards

Christmas cards will be available at both the September meetings and each meeting until December. Please get your orders from friends and family to Jenny Elston by phone, email or in person, contact details at foot of page.

More catalogues will be available soon but the cards and gifts can be seen on the MNDA website shop.



River Cruise postponed, but spirits were not dampened



The long awaited cruise down the Trent was postponed due to gearbox problems with the boat. However no one was disappointed because the boat owners had arranged a 3

course meal for everyone at the Royal Yacht Inn. Pre-lunch drinks were served in the sun-drenched forecourt of the Yacht Inn which overlooks the river and everyone enjoyed getting together and chatting. The re-arranged trip will now be on Monday 28th September meeting at 11.30am at Colwick park marina.



AGM and Annual Conference



Our National AGM and Annual Conference will take place on Saturday 12th September at the Radisson Blu Hotel at East Midlands Airport. The conference is a great opportunity for people with MND, their carers and families to meet each other and to learn more about MND and the care and support available to them. There will also

be a range of information and advice stands manned throughout the day by Association staff and external exhibitors. If you are unable to attend, the main speakers and the AGM will be streamed live and there will be opportunities for you to have your questions asked on the day (see website for more details).

Dates for your diary – See website calendar for more details		
10 th September	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm Neil Penson - Fundraising
16 th September	North Notts Support Group	Retford Library, Churchgate, DN22 6PE 2 – 4pm
28 th September	River Cruise	Colwick Park Marina at 11:30am Contact Roger Spells for information
4 th October	Annual Film Showing	Broadway cinema, Broad St, NG1 3AL 'The Theory of Everything' at 2pm Contact Mike Cole for information
8 th October	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm Issues for Carers
21 st October	North Notts Support Group	Retford Library, Churchgate, DN22 6PE 2 – 4pm
12 th November	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm Chris James – MNDA Director of External Affairs
18th November	North Notts Support Group	Retford Library, Churchgate, DN22 6PE 2 – 4pm
3 rd December	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm Christmas Party and quiz

Branch Contacts

Branch Chair	Mike Cole	Tel: 07775 613 114	e-mail: mike@mnd-notts.org.uk
Branch Vice Chair	Simon Fotheringham		e-mail: simon@mnd-notts.org.uk
Branch Secretary	Nina Squires		e-mail: nina@mnd-notts.org.uk
Branch Treasurer	Roger Spells	Tel: 0115 923 2709	e-mail: roger@mnd-notts.org.uk
Branch Contact	Jenny Elston	Tel: 07505 023 117	e-mail: jenny@mnd-notts.org.uk
Second Thursday Coordinator	Godfrey Kent	Tel: 0115 937 3318	e-mail: godfrey@mnd-notts.org.uk
Branch Website	Jonathan Pykett	jp@mnd-notts.org.uk	www.mnd-notts.org.uk

MND Association Contacts

National Office	Tel: 01604 250505	e-mail: enquiries@mndassociation.org
MND Connect	Tel: 08457 626262	e-mail: mndconnect@mndassociation.org
MND Association National Website		www.mndassociation.org