

Autumn
2017

Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

Second Thursday on the Crest of a Wave

35 "Shipmates" from our Second Thursday support group set sail on the 4th annual trip up and down the River Trent on August 3rd. Unlike last year when the weather was glorious, we had winds of 30-40mph, which came close to the venture being abandoned. However, we eventually sailed but when disembarking the Captain conceded that conditions on the Trent were "challenging." During the trip the passengers enjoyed a 2 course hot lunch as they watched the verdant

Nottinghamshire

countryside lazily passing by their windows. People mixed and mingled with one another and if the volume of noise from the many conversations was anything to go by then once again the trip can be counted as a resounding success.



At the June meeting we had an interesting talk from Elaine Leatherland about complementary therapies and at the July meeting, we had a visit from Cllr Viv McCrossen, the Mayor of Gedling, who has nominated the Notts MNDA as her chosen charity for her year in office. In a lively presentation, she outlined some of the many fund raising events that she has organised which have already raised in excess of £2000. We are most grateful to the Mayor of Gedling for her support and we look forward to following the progress of future events with great interest. At the August meeting we were pleased to welcome Dr Sovani Miland, a respiratory consultant at Nottingham's QMC who brought us up to date on the latest developments in his area.

Regional Conference

In case you have not already heard this year's Regional Conference will be held in London on Sunday 24th September at the DoubleTree by Hilton Hotel in Ealing. There is ample parking and it is not too far from either the M40/M25 or from public transport. People with MND, their carers and family members can all attend free as can Association Visitors and Care Service Navigators. Registration is open now via: www.mndassociation.org/news-and-events/events/conferences/regionalconference/

More information, including the programme, will be available shortly.

Christmas Cards

I will have a selection of cards & goods from the catalogue at the September meetings.

I am taking orders so please encourage your relatives & friends to buy our cards this year. We get back 15% of all we spend and it helps with raising awareness of MND.

If you wish to order, my email is jenny@mnd-notts.org.uk

Night at the Dogs

Yes a race night at the Dog track on Friday 15th September from 6:30pm onwards. A great night out for £5

If anyone would like tickets, please contact Viv McCrossen (Mayor of Gedling) on viv.mccrossen@hotmail.co.uk

Mayor on a Bike

The Mayor of Gedling Viv McCrossen completed her charity bike ride on behalf of the Motor Neurone Disease Association at the end of August. By the time she finished, she had cycled 170 miles from Bridlington to Morecambe.

She travelled with her consort Ron McCrossen and daughter Georgina on the epic journey from coast to coast.



If you still wish to sponsor her, you can do so by emailing civic@gedling.gov.uk phoning 0115 901 3944

Or visiting <https://www.gofundme.com/mayor-on-a-bike>



If you do not wish to receive any further correspondence from the local branch of the MNDA, please let a member of the committee know. We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Motor Neurone Disease Association - Registered Charity No: 294354

Treasurer's Report

It has been another amazing three months since the last Bulletin, with **£13,225** coming into Branch funds from many different fundraisers. The largest contribution was **£7,025** raised by Drew Hewitt and friends at their "Amy's Arabian Nights Ball", but we also received **£2,320** as the first installment from this year's Eric Gibson Golf Day, **£877** from Leanne Fotheringham's skydive and a further **£776** from Jon Hickinbotham's London Marathon sponsorship (making a total of **£1,566**). In addition, another **£667** was received from the Josy Tomlimson tribute fund, **£500** from Retford Rotary Club and **£275** from Alan Hoban's birthday celebrations. Thank you all so much - your efforts are really appreciated and make a huge difference to our ability to help local people with MND, as well as enabling us to make a significant contribution towards research into this terrible disease.

I am pleased to say, as well, that we have been able to make grants totalling **£6,000** for a range of local support needs, including hoists and other equipment, as well as Quality of Life, Carers and Young Persons grants. If anybody living with MND has a requirement for any sort of financial support from the Branch, then could they please contact me or our MND Regional Care Development Advisor, Kim Iliffe (kim.iliffe@mndassociation.org). We are always open to any reasonable request for support.

The 59 Club was won by Richard Mountford in May, Anne Spells in June and Alan Whiteley in July. Congratulations to you all! There are still a few spare numbers available – if anyone would like to support the 59 Club by pledging £4 a month, please contact me.

Roger Spells (Treasurer)

Amy's Arabian Nights Ball

A huge thank you goes to everyone involved in organising Amy's Arabian Nights Charity Ball for MNDA at Colwick Hall on the 1st April.

We are pleased to say that £14,050 has been raised for both the MNDA and the Nottinghamshire Branch.

Eric Gibson Golf Day

The annual Eric Gibson Golf Day took place recently at Beeston Fields Golf Club, and our Vice Chairman Simon Fotheringham went along to speak on behalf of the charity. The weather was



much kinder to the golfers this year and in the evening a raffle and auction was held. The event raised over £10,000 taking the total over the last few years to £85,000. It was announced that

next year will be the last ever Eric Gibson Golf Day, so it promises to be a bumper event, when everyone associated with the event will do everything possible to take the total amount raised to over £100k. A massive thank you to everyone who's been involved over the past few years.

Book recommendations

There are two books, one written by Ruth Fitzmaurice and the other by her husband, Simon Fitzmaurice. They give the honest accounts of how the husband and wife coped or didn't cope with Simon living with MND, and how it affected their family.

Ruth Fitzmaurice book: "I Found My Tribe" available on Amazon

Simon Fitzmaurice book: "It's Not Dark Yet" available on Amazon

Outdoor Cinema event coming to Brinsley

At Plainspot Farm, Plainspot Road, Brinsley. NG16 5BQ
On Saturday 16th September. Admission from 6.30pm for 8pm.
Tickets on sale now priced £7.50 - Under 5's free

<http://www.crowdfunder.co.uk/thevillagegreen>

Don't forget to leave your details when you donate.

Bring your camping chairs or picnic blankets.

Food, drinks & fun available.

For more details visit our Facebook page:

<https://www.facebook.com/Brinsleyvillage/>

Dates for your diary – See website calendar for more details

3 rd Sept	Walk to D'feet	Sherwood Forest Country Park, NG21 9HN 10:30am Contact: barry@mnd-notts.org.uk
14 th Sept	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
15 th Sept	Night at the Dogs	Colwick Park, Nottingham NG2 4BE at 6:30pm Contact: viv.mccrossen@hotmail.co.uk
16 th Sept	Outdoor Cinema	Plainspot Farm, Plainspot Road, NG16 5BQ 6:30pm for 8pm screening
20 th Sept	North Notts Support Group	Retford Library, DN22 6PE 2 – 4pm
29 th Sept	Glitter Ball	Beeston Fields Golf Club http://www.glitterball2017.uk/
29 th Sept	G&Tea4MND	The Orange Tree, 5 George Street, Derby, DE1 1EH at 7pm Contact: tea4mnd@hotmail.com 07896 532342
12 th Oct	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
18 th Oct	North Notts Support Group	Retford Library, DN22 6PE 2 – 4pm
9 th Nov	'Second Thursday'	The Mapperley Plains Social Club at 2:15pm
15 th Nov	North Notts Support Group	Retford Library, DN22 6PE 2 – 4pm

Branch Contacts

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MND Association Contacts

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