



News from the Nottinghamshire Branch

With thanks to The Nottingham Label Company.

Autumn
2018

Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

Eric Gibson Golf Day signs off with a bang

The 7th and final Eric Gibson charity golf day was held at Beeston Fields Golf course on Wednesday June 27th. As it was the last time the event was to be played, the Nottinghamshire MND committee thought it was about time we entered a team. This comprised of committee members Simon Fotheringham, Roger Spells and Godfrey Kent, together with long time MND supporter Rob Taylor.

21 teams of 4 players began their search for glory under a hot sun and clear blue skies. Simon and Rob were the stalwarts of the team, hitting good shots more often than not. Closely followed by "Lucky" Roger Spells. He earned the nickname because six times in his round, he hit drives, each of which was hooking sharply towards the out of bounds, only for each shot to hit a friendly tree and finish in the middle of the fairway.

Conversely, Godfrey had no trouble with trees at all. This may have something to do with the fact that not many trees grow in bunkers. By the end of the round it was reckoned that he had spent more time in the sand than Lawrence of Arabia.

A quick shower in the changing rooms and then off to a sumptuous dinner where Simon spoke with eloquence and passion in the way only he can. Sincere thanks were offered to the organising committee for their tireless efforts over the years.

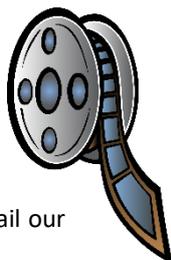
The whole day was another fantastic success and raised over £17,000. This took the aggregate total over the 7 years to over £100,000! A truly remarkable achievement by the team of friends and colleagues, led by John Dixon, Bob Hand and Mark Philpott and a fitting tribute to Eric Gibson.



Movie Night

On the 6th October 2019 we are planning on another film showing in Nottingham.

We are looking for suggestions for a suitable film to commemorate the founding of the Association 40 years ago.



If you have any suggestions could you please email our Chairman Mike Cole mike@mnd-notts.org.uk

T V Presenter Visits "Second Thursday"

At our July meeting we had the pleasure of welcoming the long serving presenter and reporter for BBC's East Midlands Today programme, Mr Quentin Raynor.

Quentin recounted many of the stories he had been involved with or had originated. These included the discovery of the skeleton of King Richard III in Leicester. As a result, he was much sort after by other news stations and received interview requests from all corners of the globe. Mr Raynor spoke for over an hour and later kindly stayed on and chatted to members and friends.

In August we were delighted to have Chris Wade, Director of Engagement at the national MND in Northampton. In his talk he gave us a lively update on current issues and latest thinking from head office, followed by a most informative question and answer session.

Around 40 people attended the August session, including 7 first timers, who lost no time at all getting acquainted with the others.

Sadly, it was the last appearance of Sandra Hummerstone, MND Care Centre Nurse Specialist, who is retiring and we wish her every happiness in the future. On a brighter note however, we were delighted to welcome her successor, Erica Littleworth and we look forward to seeing her at "Second Thursday" often in the future.

Dates for your diary – See website calendar for more details

2 nd Sept	Walk to D'feet	Sconce and Devon park in Newark, NG24 4AU – 10:30am Registration
13 th Sept	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm
19 th Sept	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm
11 th Oct	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm
19 th Oct	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm
8 th Nov	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm
21 st Nov	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm

RACE NIGHT

STOP PRESS: The next, world famous MND Race Night is currently being planned by the branch committee, so please make a note of the date – **SATURDAY 16th MARCH, 2019.**

More details to follow!

If you do not wish to receive any further correspondence from the local branch of the MND, please let a member of the committee know.



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.

Motor Neurone Disease Association - Registered Charity No: 294354

Cruising down the River on a Monday Afternoon

On an early August day that was certainly made in heaven, the "Crusader" set sail with a full complement of "Second Thursday" members and friends, then it headed into the blue yonder. The atmosphere on board was as usual one of good humour, friendship and for once we could say that literally and metaphorically, we were all in the same boat.



During the trip, the more mobile members exchanged seats so that they could chat to different people. You might say it was "Mix and Mingle" on the ocean wave. On reflection, I think ocean is a slight exaggeration - can we settle for aboard?

The hot roast lunch was up to its usual standard and drinks were the order of the day as the Nottinghamshire countryside slipped imperceptibly by. Then amazingly, before you could say "Jolly

Roger" (nothing personal Roger) we were back at the landing stage. Did two and a half hours ever go so quickly?
Conclusion: A good time was had by all.

Christmas Cards

Yes, it's that time of year again!

I have ordered a few of each pack so that you can see them to help you choose. The Branch gets 15% of all sales if you order through me.

I will take them to each support group meeting from September to December.

I will also order more catalogues for those who aren't members or for you to pass around family & friends. So please collect your orders & let me have them by 26th October so that I will be able to pass them out to you at the November meetings.

If you don't see me at the meetings you can email me on jenny@mnd-notts.org.uk or phone 01623 871183 or text on 07719675765

On the run again

Our own Simon Fotheringham is running the Robin Hood half marathon on Sunday 28th September, with half the money raised going to the Nottingham Forest Community Trust and half to our Branch.

He is hoping for a sub 2 hours', and has been putting in lots of time training including a 15k at the end of August.

Here is Simon's Virgin Money Page if you wish to sponsor him. uk.virginmoneygiving.com/SimonFotheringham - Good luck Simon!

Treasurer's Report

It has been an incredible last three months as we have received nearly £13,000 in donations from several groups and individuals. Foremost amongst these was £6,900, being the first instalment from this summer's Eric Gibson Golf Day (see separate article) and £3,600 from Southwell Methodist Church. We also received donations of £800 from the Sherwood Sunrisers Rotary Club, £675 from Theresa Angus, £500 from the Shoulder of Mutton Motorcycle Club and £323 from the Amico del Canto concert held to commemorate the centenary of the end of World War One. Thank you all so much - your efforts are really appreciated and make a huge difference to our ability to help local people with MND.

As far as expenditure on patient care is concerned, we have made 9 grants, totalling nearly £7,500, for a variety of requests from people living with MND. These included house adaptations, equipment, acupuncture sessions, holiday grants and carer's grants. If anybody living with MND has a requirement for any sort of financial support from the Branch, then could they please contact me or our MND Regional Care Development Advisor, Kim Iliffe (kim.iliffe@mndassociation.org). We are always open to any reasonable request for support.

The 59 Club was won by Jaqueline Hughes in May, Joan Defusto in June and Barry Lenton in July. Congratulations to you all! There are still a few spare numbers available – if anyone would like to support the 59 Club by pledging £4 a month, please contact me.

Roger Spells (Treasurer)

Branch Contacts

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