

Summer
2018

Welcome to the Notts Branch Bulletin. We hope you enjoy reading about the latest fund raising efforts by branch members and supporters and don't forget if you are organising an event and would like to publicise it in the next Bulletin please contact the Branch Chairman or Secretary.

Golden Wedding Anniversary Celebrated At 2T

In April, "Second Thursday" or 2T as it is known in the trade, we had a party for two of its members, Elaine and Patrick Maiden. Everyone brought something to eat and drink and the addition of two musicians doing a sing a long ensured that the party went with a swing.

The happy couple were visibly moved by this outpouring of affection and later we received the following email from them;

"Please pass on to everyone at the MND group our most grateful thanks for the wonderful celebration that took place yesterday to mark our Golden Wedding., There were many cards and gifts that we have only just opened from you all. Such a lovely surprise and as Elaine said, we cannot thank this group enough for all the support and encouragement that we have had along the MND journey."

In May we had a return visit from Keyworth Pharmacist Darminer Singh who gave an informative and lively talk on SAD or Seasonally Affected Disorder.

At the conclusion of the talk, we heard the growl of several motor bikes outside and to everyone's surprise 8 members of the Pinxton Motor Cycle club arrived. Complete with leather jackets, beards, green hair and metal hanging from almost every orifice. Not our regular type of visitors but still welcome. However, they were even more welcome when they presented a cheque to Dennis for £500. Then the bikers spent half an hour chatting to people before disappearing as quickly as they arrived. It just goes to show that you can't judge a book by its cover.

In July we have the pleasure of welcoming Quentin Rayner from the BBC in the East Midlands.

Best Wishes,
Godfrey

Simon and Kat's Great North Run

Bruce Cragg's nephew and his girlfriend (Simon Cragg and Kat Manklow), are raising funds for MND by participating in the Great North Run this year. If you wish to support them then you can do so through their Just



Giving account (justgiving.com/fundraising/kat-manklow) or by texting 'GNRK89 £5' (with your donation in place of the £5) to 70070.

Simon regularly runs but it will be Kat's first time and so she is busy training for the event. Good luck!

More running news...

Our Vice Chairman Simon Fotheringham is in training for this year's Robin Hood Half Marathon and the Notts 10k.

Please support him if you can, we wish him the very best.

The Mayor's Charity

Our branch is always very lucky and successful with a wide variety of groups, individuals, clubs and organisations supporting us with their generosity and commitment.



For the last 12 months we have been very fortunate as we have had the Mayor of Gedling, Cllr Viv McCrossen, supporting us with a wide range of fundraising and awareness raising activities. They have ranged from quiz's, dinner and dances, bike rides, pantomime performances and choir concerts to name just a few.

Thanks to her hard work and dedication to supporting the Notts Branch and everybody with MND, she has raised over £17,000. This is a fantastic sum that will be put to good use locally and nationally.

Thanks Cllr McCrossen, and her husband and family who have supported her through the whole year.



IMPORTANT GDPR UPDATE: Due to new legislation, if you do not wish to receive any further correspondence from the local branch of the MND, please let a member of the committee know.



We never lose hope. We strive to find a cure for MND and to support everyone affected by this devastating disease.
Motor Neurone Disease Association - Registered Charity No: 294354

Walk to D'feet

Following the success of last year's 'Walk to D'feet', this year's venue and date have now been selected. The location is Sconce and Devon park in Newark on the 2nd September.

The paths are smooth and it is a circular route of 1 mile around the playing fields with slight incline to the river Devon, a tributary of the Trent.

There are carparks either side and a cafe for refreshments. Toilets are on site as is a children's playground.

The Lincolnshire group will be joining us as well as some members of the Barnbygate strollers so we expect a bigger turnout than last year.

Please meet outside the cafe from 10:30 for registration. Walk to commence at 11:00am.

For registration forms and sponsor forms please contact walk leader Barry Wilson by email at barry@mnd-notts.org.uk

Global MND Awareness Day

To recognise Global MND Awareness Day on 21st June, The MND Association will be launching a new video which shows how we are meeting the needs of people affected by MND.

The video will be shared on the Associations website, on social media as well as through a blog post on the website of the International Alliance of ALS/MND Associations.

Keep a look out for it!

Lighting up buildings

Many MND volunteers from around the country are planning to illuminate their local landmarks in blue and orange to raise awareness of Global MND Awareness Day on 21st June. We already know that Blackpool Tower and Stockport Town Hall will be lit up, do you have another landmark to add to the list?

If so, please let us or the Association know and we will see how we can help.

Dates for your diary – See website calendar for more details

14 th June	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm
20 th June	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm Guest: Dietician
27 th June	Eric Gibson Golf Day	Beeston Fields Golf Club
12 th July	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm Guest: Quentin Rayner
14 th July	MNDA AGM	Radisson Blu Hotel at East Midlands Airport – 9am
18 th July	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm
6 th Aug	Second Thursday River Trip	Colwick Park – 11:30am
9 th Aug	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm Guest: Chris Wade - Director of Volunteering
15 th Aug	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm
2 nd Sept	Walk to D'feet	Sconce and Devon park in Newark, NG24 4AU – 10:30am Registration
13 th Sept	'Second Thursday'	The Mapperley Plains Social Club - 2:15pm
19 th Sept	North Notts Support Group	Retford Library, DN22 6PE - 2 – 4pm

Treasurer's Report

In the last three months, we have received nearly £3,000 in donations from several groups and individuals. This included £1,030 from Southwell Methodist Church, £500 from The Institute of Quarrying, £400 from Terri Worthington and £400 from Mr & Mrs Steadman in lieu of presents for their Golden Wedding. We also received £1,000 in in-memoriam donations. Thank you all so much - your efforts are really appreciated and make a huge difference to our ability to help local people with MND.

As far as expenditure on patient care is concerned, we have made 16 grants, totalling over £8,000, for a variety of requests from people living with MND. These included several items of equipment, house adaptations, acupuncture sessions, holiday grants and carers grants. If anybody living with MND has a requirement for any sort of financial support from the Branch, then could they please contact me or our MND Regional Care Development Advisor, Kim Iliffe (kim.iliffe@mndassociation.org). We are always open to any reasonable request for support.

The 59 Club was won by Mike Cole (our Chairman!) in February, Coral Mutter in March and Carole Newby in April. Congratulations to you all! There are still a few spare numbers available – if anyone would like to support the 59 Club by pledging £4 a month, please contact me.

Roger Spells (Treasurer)

Branch Contacts

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